



families
outside

voicing the needs
of families affected
by imprisonment

Annual Report 2015

Families Outside

Moving Forward, Looking Back

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Chairman's Report

After seven years on the Board, the last two as Chairman, September 2015 marks the end of my term. This then is my final report for Families Outside. Just like my grandchildren grow and flourish over the past seven years, so I have seen the organisation grow and flourish, with this past year being no exception. A successful year's fundraising allowed the organisation to concentrate on its service delivery and its influence on all services that come into contact with prisoners' families. We continue to operate our direct services at HMP Addiewell's Visitors' Centre in close cooperation with the prison staff. Referrals for Family Support have increased across the country, and our Family Support Staff work in close cooperation with Family Contact Officers and other relevant staff across the prison estate, supporting over 400 families a year. The Helpline now receives over 1,800 calls a year from relatives of prisoners seeking information and advice and, increasingly, from professionals, teachers, social workers and others who come in to contact with prisoners' families. It is a feature of the Helpline service that the growth in the complexity and variety of calls received has been matched by the increasing knowledge, confidence and experience of the staff handling the calls. Over the past year Families Outside's involvement in the training of staff coming in to contact with relatives of prisoners has continued to expand. Families Outside training sessions have been attended by over 4,000 participants.

As a Board of Directors we continue to oversee the growth of the organisation and have benefited from the input of Directors who are experts in their own fields. We seek to provide the Chief Executive and her management team with sound advice and guidance. We continue to seek to steer the organisation through the challenges of the turbulent world Families Outside operates in. I would like to thank the Directors for the time and expertise they give to Families Outside.

Our task is aided by the excellent relations we enjoy with Nancy Loucks and her staff team and volunteers. The organisation has continued to explore and revise the operating model for Families Outside, aided by input from a mentor provided by the Cranfield Trust. As I have often said before, Families Outside is a great organisation, and it is our people who make it the dynamic and influential organisation it is. Their commitment and dedication means we continue to be a major player and the only national organisation in Scotland that works exclusively on behalf of families affected by imprisonment. On behalf of the Board, I say a big thank you to all our staff for their commitment and hard work over the past year.

We are grateful to the Scottish Government, The Scottish Prison Service and the many charitable trusts who support our work, plus our partners in the voluntary sector for their continued support and interest in our work. An undoubted highlight of the year for me was our joint hosting of the Children of Prisoners Europe's annual conference here in Edinburgh, and our thanks go to those organisations that helped to make this event such a success.

Like a proud grandparent who has watched their grandchild grow and flourish over the years into a confident young adult making their way in the world, I have no doubt that Families Outside will continue to thrive. I have been pleased to have been able to contribute in a small way to that growth. At a time of continued austerity and significant reductions in public spending, the issues faced by the families of prisoners will continue to grow, and there will be a continuing need for the advocacy and support that Families Outside offers in years to come.



Donald Millar, Chairman

Chief Executive's Report

This year's theme of 'Moving Forward, Looking Back' reflects the work we have been putting in to review our organisation: with a rapidly growing staff team, how do we structure our work and plan proactively to support families in the best possible way?

The focus of our work remains consistent: we work solely on behalf of families affected by imprisonment, but we do this in three ways: through direct support to families and the professionals who come into contact with them; through training and awareness-raising; and through development of policy and practice to ensure longer-term outcomes. The question is how we do this to best effect in an environment in which funding, the continued capacity of partner organisations, and the very structure of community justice are uncertain.

The answer is that we move forward by looking back - by reflecting on our own work, learning through input from colleagues elsewhere, and building on the expertise of the families who live through the experience of imprisonment every day. Through this we have grown in capacity and reach, supporting and engaging families while building the infrastructure through training and policy that creates lasting change.

This year's annual report shows how we have done that and the impact this has on outcomes for children and families affected by imprisonment. The increasing input we have from families wanting to voice their own needs has been a welcome change, with more and more families contributing directly to media interviews, policy discussions, and peer support. The wider reach we have developed, particularly through schools, has extended the discussion about the impact of imprisonment and the role professionals such as teachers have in addressing this. These conversations also visibly reduce the stigma families in this situation are facing.

This year we are particularly grateful for the support from the Cranfield Trust, which provided mentor Gerda Bach to help us strip our work down to the basics before rebuilding and identifying a new organisational structure for us to develop and take forward. This reflective (and considerable) work has already shown us how we can build on our expertise to support families, raise awareness, and influence policy and practice more effectively – again, moving forward by looking back.

Thanks especially to our remarkable team of staff and volunteers, whose innovation, enthusiasm, and dedication continue to inspire and delight. Through them, we see visible change on a daily basis to the lives of families in considerable distress, doing this through their own work and, crucially, through supporting families to help themselves and each other.

Thanks also to our Board, who continually show tremendous dedication to our work in so many ways, all on a voluntary basis. In this I note the passing of two remarkable people: Fiona Punton, whose own experience and work at the Church of Scotland contributed so much to our Board and to her work as a volunteer at our Prison Visitors' Centre at Addiewell; and Marjory Russell, one of our longest-standing Board members, whose tenacity and dedication fed into our work and that of many others. We thank and remember them both.



Nancy Loucks
Chief Executive

Support & Information Helpline

During 2014/15, the Helpline received in excess of 1,800 contacts. Callers and contacts were looking for help, information, and someone to talk to about the impact their connection to the criminal justice system was having on both them and their families. The support extended to families via the Helpline is needs-led and tailored to their individual requirements. This person-centred approach requires a skilled and sensitive staff team who are fully committed to providing a bespoke service to all users.

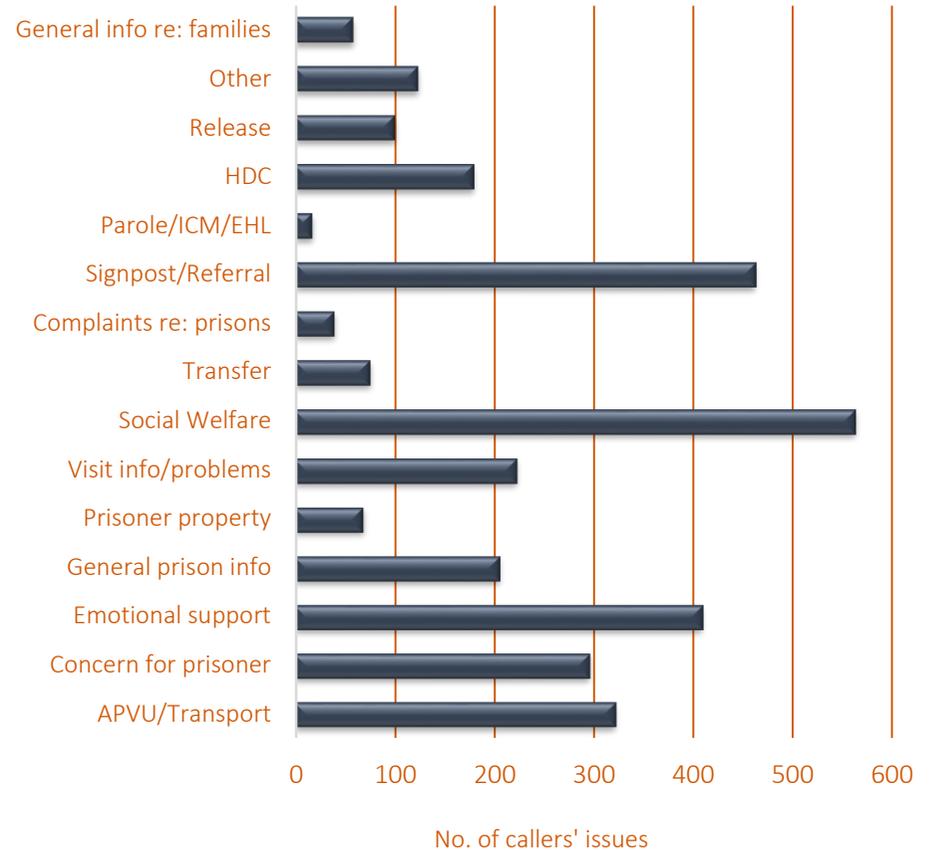
Complex and multi-issue calls are increasingly the norm and often require substantial effort and intervention to achieve positive outcomes for families. It is paramount that the information bases are accessible, accurate, and up to date, which is an unremitting task for the Helpline service personnel.

This year has seen a number of changes both to the Helpline environment and the internal technological resources employed to maintain and improve on best practice. Every effort is taken to ensure that our telephone Helpline service is compliant with national standards.

Emotional support underpins a large percentage of calls and contacts to the Helpline, but issues around finance, housing, debt, and mental health could also be a cause of concern. Prison-based issues include: visiting a prison, parole, family involvement in Integrated Case Management, Extended Home Leave, and Home Detention Curfew.

“My family have been torn apart by these offences...In one phone call to Families Outside, I have been given hope that relationships in the family can be healed and that we have a future. Thank you.”

Caller Issues throughout 2014/2015



Support & Information Helpline

Whatever the concerns or questions, the Helpline works diligently to untangle and simplify the difficulties that often accompany a family involved in the criminal justice system. Positive outcomes for families cannot be achieved in isolation, and positive partnerships are at the heart of positive outcomes. The unique family support structure employed by Families Outside means that the Helpline can call on the expertise of other services to inform and direct callers.

The data captured by listening to our callers allows the Support & Information Helpline to inform and influence policy and interest groups across Scotland and beyond. By actively listening to our callers, we can gauge what information families need and when they need it.

A full report on the work of the Helpline is available on our website – [click the report to read](#).

Fiona Allan
Helpline Manager



Family Support

Our Family Support Service is a key contributor to two of the three targets in our Strategic Aims, bringing about a wide range of outcomes for families: to provide and increase direct support and information to families, and to raise awareness and influence policy and practice regarding families affected by imprisonment. In 2014-15, Families Outside supported 501 families, totalling 1,031 people (653 adults and 378 children). In addition, we supported 48 professionals as 'clients', helping them to work directly with families. We supported 31 under 18-year olds as clients in their own right.

By far the main issue the families we support have is the need for emotional support at a time when they often feel that their whole world has turned upside down. Add to this their feelings of stigma and shame, and the fact that many families feel abandoned by their community, it is clear why stress and anxiety are so common. One of the most important things we have found is the need to reassure people that they are not alone. In addition to their own emotional wellbeing suffering, many of our clients struggle financially, which adds further strain to the family and makes visiting prison extremely challenging due to the costs of travel. Other issues include family-related problems; housing difficulties; worries about the health and wellbeing of family members and prisoners; and prison-based issues e.g. visiting procedures, help with claiming travel expenses, Home Detention Curfew (HDC), and moving to the Open Estate. Many families come to us with several issues, and our Family Support Coordinators take time to listen and help people to work out the best starting point. It can feel like a roller coaster ride at times, and having someone alongside makes all the difference.

“Without the support and monthly visits, I don't think I could have fared half as well as I have.”

The Family Support Team works very much in partnership with a range of statutory agencies and local and national voluntary services, and we place a high value on these working relationships to achieve the best outcomes for families. Whilst there are times when we signpost families to a more appropriate service, for some families we take on the role of lead professional, coordinating a complex package of support which involves drawing together a number of professional bodies and networks, such as police, social work, health, and education. In other cases, we support our partner agencies in facilitating, for example, in-prison meetings and case conferences. In keeping families affected by imprisonment at the centre, we can ensure that their needs are met by the agency best placed to assist.

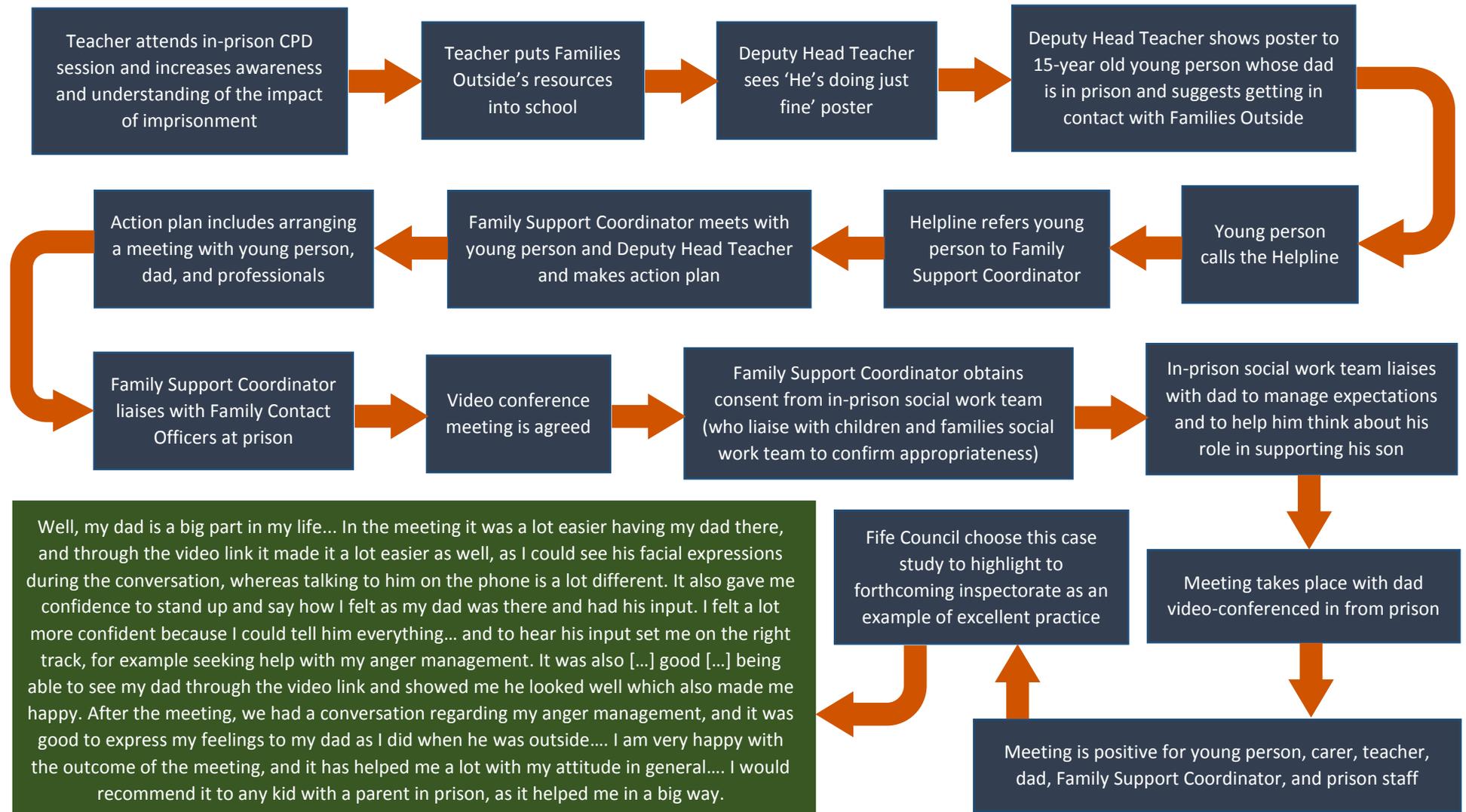
In part due to the success of Families Outside's CPD (Continuing Professional Development) sessions for teachers, we now work with children and young people all over Scotland, supporting them in schools and linking with their teachers. Perhaps the most exciting example of how our work with schools is making a difference to young people is demonstrated in the [flowchart overleaf](#). This case study highlights not only the way we work together within Families Outside, but also the importance of effective partnership working with other agencies including education, prison staff, and social work teams.

A full report of our family support work for 2014/2015 is available on our website – [click the report to read](#).

Sarah Roberts
Family Support Manager



Family Support



Addiewell Prison Visitors' Centre

The Prison Visitors' Centre we run at HMP Addiewell is designed to provide a warm, welcoming environment where visitors can relax and take some time to themselves with friendly staff who are on hand to support visitors where needed. The Centre has a play area for the children and a library with books for children and adults, along with literature on various supports for families. Meanwhile our staff there provide independent support, information, and guidance including:

- Support for first-time visitors;
- General prison information;
- Information about ID requirements and visiting times;
- Signposting to other organisations;
- Assistance with Assisted Prison Visitor Scheme (APVU) applications (travel costs);
- Completion of APVU confirmation of visit forms;
- Assistance with applications for Citizen Cards;
- Contribution to New Prisoner Induction;
- Contribution to Family Inductions;
- Provision of emotional and practical support to families;
- Telephone support; and
- A bridge between the family, the prison, and the community.

“Just wanted to say ‘thank you’ for all your advice and help during this difficult time. I couldn’t have emotionally coped without your support every week, and very much appreciate everything you could have done for me.” (wife of prisoner)

Families of prisoners often experience stigma and discrimination, can have multiple and complex problems, and may not know where to turn. By offering a professional service at the Visitors' Centre, Families Outside supports families to help them find ways to resolve their issues which can make life easier for the family while their loved one is in prison.

With over 4,000 visitors to the prison each month, and our location in the entrance of the prison, we connect with huge numbers of children and families for both one-off and more in-depth support.

A full report of our work for 2014/2015 at the family visitors' centre at HMP Addiewell is available on our website – [click the report to read](#).

Jenny White
Visitors Centre Manager



Case Studies

Laura has addiction and mental health issues and lives alone, as her three children are with her mum, and her partner is in prison. Laura struggles to get up in the morning and is very anxious about going out. She was referred to Families Outside by the Family Contact Officer at the prison. She had been living in her partner's tenancy but was about to be evicted and was very confused by which benefits she was entitled to. Our Family Support Coordinator referred Laura to the Shelter Money Advice Worker and the SPAN (Supporting Prisoners Advice Network) Housing Worker who were able to speak to both Laura and her partner. Due to effective partnership working, the Shelter Housing Law Service has taken on the case to fight the eviction; Laura is having all of her debts and benefits looked at by the Shelter Money Advice Worker, and Families Outside is providing emotional support. After a period of non-engagement with any agencies, Laura is now picking up the phone and answering letters. She has started paying off her debts and has a plan in place to keep on top of things.

One family phoned the Visitors' Centre after leaving the court, extremely upset. They had never been through the criminal justice system before. The husband had just been convicted of an offence, and they did not know where to turn. The wife was distraught, as all the benefits were in her husband's name, which meant this income would be stopped. The staff informed her of the partnership with CAB and that we could arrange for the CAB worker to visit her at home to help with her financial situation. This alleviated some of her concerns, and the staff provided information on prison procedures. The CAB worker met the wife at the family home the next day. This lady said that, in the morning, everything felt bleak and she didn't know where to turn, but after phoning the Visitors' Centre and knowing there were people who could help, she felt more positive and "like a weight had been lifted".

Training & Events

Families Outside continues to conduct training and awareness-raising sessions on an on-going basis, reaching 4,220 participants in 2014-15. This includes police probationers, prison officer recruits, the judiciary, psychology and social work students, children's panel members, teachers and trainee teachers, NHS staff, Criminal Justice Social Work teams, Community Justice Authorities and secondary school students. All such links are pivotal for our work, both for Families Outside in general but also for our work promoting the best interests of children.

A considerable amount of our training input has been invested in training for prison staff on the impact of parental imprisonment on children and child protection. Demand for this important work has increased considerably since the Scottish Prison Service published its Child Protection Policy in August 2012. We have been working to incorporate the Scottish Government's updated guidance on child protection published in 2014 and have been working closely with the NSPCC to ensure compliance and best practice in the training we deliver.

Much of our awareness-raising reaches out directly to young people through the LifeTime project. This partnership project combines the efforts of the Scottish Prison Service, the police, the Scottish Court Service, the fire service, the Red Cross, and ourselves, among others, who go into secondary schools to run full day interactive workshops with young people to explore the consequences of behaviour. This project has been running for eight years and, based on the feedback from pupils and teachers, has proved to be very popular amongst students. At one LifeTime event, at least one student in all ten sessions that day revealed that they had a family member in prison. We also took part in the introduction of the similar Prison, me? No way! training recently introduced in the west of Scotland.

Meanwhile, we launched our Out of the Shadows training and toolkit for professionals, developed with the support of the South West Scotland Community Justice Authority. Delivered for the first time in September 2014, this multi-agency training is designed for agencies to incorporate into their own training and practice.

Teachers

In 2014-15, we trained over 1,000 teachers and trainee teachers on this issue, incurring comments such as the following 'tweets':



Excellent CPD about engaging & supporting children & their carers with family members in prison. Thanks @FamiliesOutside #MakingADifference



@FamiliesOutside – Didn't realise I could be a piece of the jigsaw in the lives of children dealing with parents in prison. #GreatTraining

Follow us on Twitter at twitter.com/FamiliesOutside

These sessions take teachers into prisons to experience what visiting a prison is like for children and young people, followed by presentation and discussion of the issues that arise and how teachers can help. Crucially, this is not about giving teachers 'extra work', but rather giving them tools to address the issues they already face. These sessions consistently show immediate results, both through positive feedback from teachers but also through evidence of how they apply what they have learned to support students and their parents.

“Just wanted to thank you guys so much for the chance to meet you yesterday at Glenochill and find out about the great work that you do. As a direct result of our visit yesterday, my colleague [X] and I felt confident enough to speak to one of our parents this morning and ask her about the issues that she faces relating to her partner being in prison. It really opened up a useful and valuable dialogue with the Mum and we found out more about the family circumstances and specifically about how we could help her and son's understanding of what was happening to them. It also proved really useful because Mum had never heard of yourselves we were able to give her your leaflets and information, for which she was really grateful.”

Judicial Institute

Our training to judges through the Judicial Institute means we now reach an audience that has previously been exceptionally difficult to access. In two to three sessions per year, we have engaged in positive (and sometimes difficult) conversations with judicial decision-makers throughout Scotland, from Justices of the Peace through to High Courts. We look forward to taking this work further in future.

May 2014: COPE Conference

Significant this year was our hosting of the conference and annual network meeting of Children of Prisoners Europe (COPE). This gathered an audience of about 130 delegates and speakers from the UK, Europe, and North America and included the first public airing of research by the NSPCC into babies affected by their parents' involvement in the criminal justice system. Two new resources were developed specially for the COPE conference to share with delegates and to use for subsequent training events. Both focused on hearing the voices of children affected by imprisonment: a short, high impact video for Scotland, entitled '27,000 Voices', and a slightly longer video from children internationally, called 'The Voices of Children Affected by Imprisonment'. Both videos have received excellent feedback and are now being used more widely.



27,000 Voices

Click on the image to view or visit
<https://vimeo.com/96077929>



The Voices of Children Affected by Imprisonment

Click on the image to view or visit
<https://vimeo.com/105547057>

You can view more of our videos on Vimeo at vimeo.com/familiesoutside

Families Outside continues its significant 'reach' in policy terms, working to influence policy and practice through active participation in key national and local fora, publications of briefings and reports, and response to consultations.

We continue to prioritise input to a range of key policy groups, from Scottish Prison Service working groups to Ministerial task forces, Children & Families groups, parenting networks, and work within individual prisons and Community Justice Authorities. We also enjoy an active role in independent policy groups such as the Criminal Justice Voluntary Sector Forum, the Scottish Consortium on Crime and Criminal Justice, and Children of Prisoners Europe. This varied involvement means we play host to visitors from elsewhere in the UK and abroad, with impact evidenced from quotes such as the following one from a visitor from the New Zealand Department of Corrections:

"I just wanted to formally thank you and the team for the time you were able to spend with me during my trip to Scotland. As I said at the time I was 'blown away' by the service you provide and how the SPS have joined and supported you. I have returned to work full of vigour and new ideas and now it will be a case of developing links with schools and seeing how we can replicate the work you do in the Prison with our issues with staffing and funding. I am determined to ensure that the children/families of our prisoners receive similar support that is provided by the SPS and yourselves."

Road trip

After a significant gap, senior staff from Families Outside undertook a 'road trip' in the summer of 2014 to visit every Scottish prison for an overview of key issues as well as critical 'catch-ups' with Governors and other staff. This supplemented the contact our regional staff make with each prison on a regular basis, reinforcing the messages they take forward and assuring prison staff of the national coordination and broader learning we are able to share through our work locally, nationally, and internationally. Such face-to-face contact is key to our relationships with prisons, without which we could not as readily support families and influence change in a meaningful and lasting way. We thank the prison Governors for their time and continued support.

Prison Visitors' Centres Public Social Partnership

Families Outside has been pleased to work alongside over 30 organisations, making up the National Prison Visitors' Centre Steering Group, to promote the development of prison visitors' centres across the entire prison estate in Scotland. The Public Social Partnership arose from the Steering Group and was funded by the Scottish Government's Early Years Change Fund specifically to start up a prison visitors' centre at HMYOI Polmont. While the PSP formally ended at the close of the financial year, this was only once support to visitors at Polmont was fully established within the YOI's waiting area, within the foyer, and within a converted double-decker bus parked outside the entrance to the YOI. With the visitors' centre now more secure, the work of the National Steering Group continues, looking to establish centres at other prisons; to identify sustainable funding for visitors' centres; and to develop nationally agreed standards for performance and evaluation. We look forward to continuing our support for this work.

Family Framework

Our work with Lothian & Borders Community Justice Authority on a Framework for Families Affected by the Criminal Justice System gained considerable ground in 2014-15 through discussions with the Law Society, the COPFS, and the Judiciary to raise awareness of the issues and gather their views on how the Framework might be used and implemented. The Framework highlights the role individual agencies can play in supporting families at key stages of the criminal justice process and should be a key tool both for raising awareness and for auditing performance. The Framework is due for completion and wider implementation in 2015-16.

Winston Churchill Fellowship

Families Outside has been fortunate to have not just one but now two Winston Churchill Fellows in our team. For eight weeks in the autumn of 2014, Helpline Administrator Michelle Martin travelled through North America to explore how Private Family Visits work there and what we might learn from this. We look forward to circulating the results of her work once these are released.

Cross-Party Group

One of the most important policy tools is our hosting of the Parliamentary Cross-Party Group on Children & Families Affected by Imprisonment, which discusses topical issues for families and identifies key questions to raise with Members of the Scottish Parliament (MSPs). Discussions can often be rather technical, but we were pleased that families 'took over' a session in February 2015 to raise a number of issues most relevant to them:

I am really grateful for the help and support offered by Families Outside at a time when I was a very lost soul. When I [first] arrived at the prison ... I was a total mess, I had no clue who I was. I was in shock, disorientated, [and had] no clue what to do, whom to speak to, where to get help. [I had] no outside support as I isolated myself, not wanting anyone to know and ashamed of what had happened in my life. I met another lady in the same situation who told me to speak to Families Outside, and I can honestly say that my meetings with [my Family Support Coordinator] and the support I received was what helped me not only survive but find myself and my voice again.

Meeting with [my Family Support Coordinator] was the thing I looked forward to; it meant I could talk freely about my feelings and that helped reduce all the pent up emotions I was feeling and had no outlet for. Offers of practical help and relaxation were offered but not something I needed. I just needed to have my voice heard, and it was.

I then started to go to the Cross-Party Group meetings and felt that there was no true representation of families; it all appeared to be organisations speaking on behalf of the families. I felt that it should be a family-led meeting, and Families Outside made it possible for me and some other family members affected by imprisonment to tell our stories. I felt very liberated and empowered for the first time in a very long time. My voice mattered, we mattered, and the difference in the other people who spoke after the meeting was quite extraordinary.

Leading on from the Cross-Party meeting, family members [formed] a [peer support] group, a work in progress, which will hopefully it will lead to more people feeling stronger, having a voice, and feeling empowered going forward in life.

I would like to thank [my Family Support Coordinator] for her support in my time of crisis and Families Outside for being there.

New for 2014/2015

As well as continuing the growth of our staff team to support families more effectively across Scotland, 2014-15 saw the introduction of a range of new resources and projects as well as further development of existing work.

We produced a range of new publications, including:

- Our 10th edition of In Brief, in which Dr Margaret Malloch summarised her research into the support needs of families with a young person in secure care;
- Six-weekly blogs for No Offence on topics such as our in-prison training for teachers; on family experiences with the media; on technology in prisons to improve family contact; and travel & transport;
- Input to the new journal Scottish Justice Matters, both on the editorial board and as contributors to the journal through articles and interviews.

For the Children of Prisoners Europe (COPE) conference in May 2014, we launch two new videos, [27,000 Voices](#) and [Hearing the Voices of Children](#) (see link on page 9).

Hearing the Voices of Children compiled interviews with children and young people in six countries and incorporated photographs, children's drawings, and music to share the experiences of children with families in prison worldwide.

To complement our training for teachers, we have developed full Personal & Social Education (PSE) materials for teachers to take back and use in their schools.

This year has seen an increasing interest in peer support. Safe Space is an Edinburgh-based peer group that operates with our support around a meal at the Serenity Café. Families affected by imprisonment have been able to support each other in a welcoming, relaxed environment, providing a key (and sometimes only) opportunity to share their experiences with people in a similar situation.

We released the evaluation of our In Tune music workshops for young children and their families at HMP Addiewell, in collaboration with Vox Liminus:

- **58%** of fathers showed improved communication skills;
- **71%** of children demonstrated evidence of improved family relationships;
- **93%** of carers showed increased ability to work together towards a common goal;
- **61%** of all participants showed an increase in confidence.

We are delighted that Children in Need has awarded new funding for In Tune and will include three prisons in future.

Our School/Prison link project, which started in HMP Low Moss, has provided another valuable way of linking children and young people with their parents in prison. Now taken forward through our Family Support Team in every prison on a case by case basis, we have been working to connect parents in prison with their children's teachers, enabling discussions about progress and subject choices, successfully helping parents engage in their children's education and encouraging children to stay in school.

Finally, our work with volunteers has not progressed as we had hoped. Use of a statutory sector secondment to coordinate our work with volunteers had mixed success, drawing us to the conclusion that such a post requires expertise specific to people who normally work within the voluntary sector. We still support the use of volunteers for our prison visitors' centre at HMP Addiewell and for discrete projects, but further development of input from volunteers requires the support of a paid, dedicated volunteer coordinator. We hope to take this work further in future.

Plans for 2015/2016

The core elements of our work – direct support to families through the Helpline, Family Support team, and prison visitors’ centre; training; and input to policy and practice - remain the basis of everything we do, informing and supporting all of our work with and on behalf of families affected by imprisonment. The 2015-16 financial year is already building on this and includes:

- The launch of two new projects for young people (KIN, a peer support group for 14-24 year olds that will develop materials for their own age group, alongside Vox Liminus; and Free Speech, which trains young people to tell their own stories and gives them a qualification in public speaking);
- New resources to support families of people who have committed a sexual offence;
- our national conference, ‘By Families, For Families’;
- extension of In Tune family music workshops with Vox Liminus at HMP Addiewell and two other prisons;
- the launch of new publications including a review of more recent research into the impact of imprisonment and findings from a Winston Churchill Fellowship on Private Family Visits;
- new workshops alongside Dads Rock in HMP Addiewell, with our team working with carers while children enjoy rock music workshops with their dads in prison;
- further promotion of Child & Family Impact Assessments; and
- a new role on the Board at Children of Prisoners Europe.

Thanks to all of our supporters and partner organisations for your continued support for our work

“I’m very grateful that Families Outside helped me through this nightmare; looking back at the start were some of the darkest days I’ve experienced, so to have come through it, I’m proud.”

Financial statements – summary

	2015	2014
	£	£
Income		
Scottish Prison Service	32,664	31,713
The Scottish Government	100,000	100,224
The Wise Group	60,014	59,459
Lothian & Borders CJA	275	8,022
RS MacDonald Charitable Trust	-	20,000
The Brook Trust	15,000	15,000
The Monument Trust	-	40,000
The Volant Trust	20,000	20,000
The Gannochy Trust	10,000	10,000
Imagine Foundation	5,000	5,000
The Tudor Trust	30,000	30,000
Third Sector Early Intervention Fund – Families Outside	103,000	93,208
Third Sector Early Intervention Fund – Visitors' Centre	35,554	29,340
Hugh Duncan	-	10,000
Nancie Massey Charitable Trust	5,000	5,000
The Robertson Trust	16,500	-
Sodexo Justice Services	5,845	-
Kelly Family Charitable Trust	5,000	-
Anonymous Donor	34,993	34,993
The Big Lottery Communities and Families Fund	-	10,000
STV Appeal	17,000	-
Fife Council	12,000	-
Scottish Legal Aid Board	23,991	-
Other	24,535	37,191
	556,371	559,150
Expenditure		
Cost of generating funds	10,721	28,794
Charitable activities	531,482	484,615
Governance costs	10,833	11,057
	553,036	524,466
Net incoming resources for the period	3,306	34,684
Balances brought forward at 31 March 2014	203,123	168,439
Balance carried forward at 31 March 2015	206,429	203,123
Summary of Balance Sheet		
Fixed assets	5,654	4,812
Current assets	200,775	198,311
Net Assets	206,429	203,123
Funds		
Unrestricted	195,452	191,886
Restricted	10,977	11,237
Total Fund	206,429	203,123

We have had a successful year at Families Outside, even though our income dropped by £2,779, or less than 1%. This was due to our focus on consolidating significant, new project work taken on at the end of the previous financial year. We would like to thank The Michael & Shirley Hunt Charitable Trust, Cash For Kids, Welltec UK Ltd, 19th Brownie Guides, Soroptimists, Quakers, St Saviour's Episcopal Church, the Friends of Families Outside and everyone else who made donations and supported our activities throughout the year.

Friends of Families Outside

We would like to thank the Friend of Families Outside for their continued support to the work in supporting families affected by imprisonment. Their support helps us to maintain the profile of Families Outside and raise awareness of the issues that impact families affected by imprisonment.

The payments they give each year go towards our Discretionary Fund, allowing our friends to help families in a more tangible way, to see the good that is being done for those families affected by imprisonment.

Mick Armstrong	Lisa Heggie	Briege Nugent	Children 1st
Gillian Ash	Malcolm Higgenbotham	Louise Park	Crossreach
Claire Brown	Iona Johnson-Ferguson	Kate Philbrick	East Ayrshire Council (Vibrant Communities)
Elyse Brown	Ann Kenny	Jodi Primo	Faith In Community
William Brown	Anne Kent	Tim Richley	Includem
Louise Campbell	Elaine Lavan	Charlene Riddell	Parenting Across Scotland
Ann Carr	Alastair MacKinnon	Caroline Robertson	Relationships Scotland
Agnes Craig	Catherine MacKinnon	Chris Sheldon	Sacro
David Croft	Jacqueline Mallon	Julie Shepherd	The Croft (Barlinnie Visitors' Centre)
Rosamond Cullen	Hugh McCallum	Alec Spencer	The Wise Group
Amanda Day	Janice McGowan	Sharonjane Stewart	
Donald Dickie	Alison McGuire	Laura Thomson	
Abigail Elaheebocus	Andrew McLellan	Linda Watt	
Sharanne Findlay	Donald Millar	Veronica Warrington	
Tom Fox	Susan Milligan	Jeanette Wilson	
Adelle Gardiner	Angela Morgan	Barnardo's Scotland	
Deborah Gray	Margaret Mortimer	Breathing Space	

Board of Trustees

Donald Millar	(Chairman)	
Valerie Macniven	(Vice Chairman)	
Douglas Middleton	(Treasurer)	<i>appointed 24 September 2014</i>
Paul Carberry	(Individual)	
Daniel Gunn	(Individual)	<i>appointed 8 January 2015</i>
Justin Hutton-Penman	(Individual)	
Anne Kent	(Individual)	<i>appointed 7 October 2014</i>
Brigadier Hugh Monro	(Individual)	
Amie Robertson	(Individual)	<i>appointed 7 October 2014</i>
Jennifer Russell	(Individual)	<i>appointed 19 January 2015</i>
Jennifer Stevenson	(Treasurer)	<i>resigned 24 September 2014</i>
Glen Gilson	(Individual)	<i>resigned 26 March 2015</i>
Sheila Gupta	(Individual)	<i>resigned 24 September 2014</i>
Fiona Punton	(Individual)	<i>resigned 14 August 2014</i>

Support & Information Helpline

Freephone **0500 83 93 83** (answerphone if not available)

Email support@familiesoutside.org.uk

Text **FAMOUT** then your message to **60777**

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